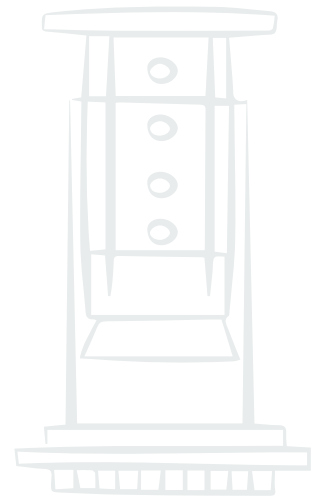


# AERO PRESS



## EQUIPMENT

Freshly roasted coffee, the aeropress, a grinder, a scale, a timer, a cup, filter papers and clean filtered water.

## BREW TIME

2:00 min

## COFFEE

Ratio 1:15

Medium Ground

17 g (1 cup)

## WATER

230 ml of water between  
92° - 94° C

## METHOD

- 1) Boil water and turn your aeropress upside down to preheat it.
- 2) Place the filter paper into the lid, screw it to the bottom of the aeropress, rinse it with hot water and then discard the water.
- 3) Weigh 17 g of coffee separately and grind it on a medium filter setting.
- 3) Put the AeroPress on the scale, add the coffee in the chamber, tare the scale and start the timer.
- 4) Add 230 ml water and brew it for one minute, then give it a stir. (The more you stir it, the stronger the coffee taste)
- 5) At 1 minute and 30 second, Put the filter lid on, flip the aeropress and place it on the pitcher.
- 6) Plunge the coffee for 30 seconds and enjoy a clean cup.