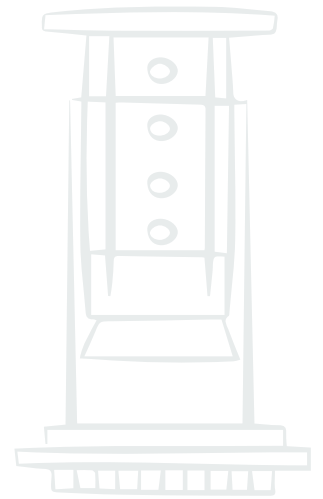


AERO PRESS



EQUIPMENT

Freshly roasted coffee, the aeropress, a grinder, a scale, a timer, a cup, filter papers and clean filtered water.

BREW TIME

2:00 min

COFFEE

16 g (1 cup and refill)
Medium Ground

WATER

230 ml of water between
92° - 95° C

METHOD

- 1) Boil water and turn your aeropress upside down to preheat it.
- 2) Place the filter paper into the lid, screw it to the bottom of the aeropress, rinse it with hot water and then discard the water.
- 3) Weigh 16 g of coffee separately and grind it on a medium filter setting.
- 3) Put the AeroPress on the scale, add the coffee in the chamber, tare the scale and start the timer.
- 4) Add 230 ml water and brew it for one minute, then give it a stir. (The more you stir it, the stronger the coffee taste)
- 5) At 1 minute and 30 second, Put the filter lid on, flip the aeropress and place it on the pitcher.
- 6) Plunge the coffee for 30 seconds and enjoy a clean cup.

